



St Edward the Confessor Church
Dringhouses, York



Holy Communion
Lent

Welcome to the Season of Lent.

The season of Lent lasts for forty days (not including Sundays). It is a time when Christians reflect and prepare for the celebrations of Easter. Following the example of Jesus, who fasted for forty days in the wilderness, this may involve eating frugally, fasting or giving up treats. These disciplines are not just to make us feel uncomfortable, but to give us more time to pray and spend time with God. People may focus more on giving to charity, setting aside time to study the Bible and meeting with Christians to reflect on Jesus' life and prepare for the events of Holy Week and Easter.

Lent starts on Ash Wednesday. Ashes are an ancient sign of penitence; from the Middle Ages it became the custom to begin Lent by being marked with the sign of the cross in ash.

During Lent, you will notice that the robes of those leading our services are the simplest possible, and the Church is kept bare of flowers and decoration. We don't sing or say the Gloria in excelsis.

As Holy Week approaches, the atmosphere of the season becomes more sombre; the readings begin to anticipate the story of Christ's suffering and death, and the reading of the Passion Narrative gives the Fifth Sunday its name of Passion Sunday.

Holy Week is one of the most significant weeks of the Christian year. We remember the last days of Jesus' ministry as he is arrested, tried and put to death. Throughout Lent we are reminded that God is always with us, and that ultimately Good Friday is not the end of the story.

This Lent we are invited to explore how we can live well with the mess of everyday life, knowing that God is in the midst of the darkest times as well as the best of times. As we make this journey together, may we find our faith and trust in God becoming deeper and richer. May we too share in the joy of the resurrection this Easter.

Holy Communion in Lent (B)

*Everyone joins in the parts that are in **bold print***

WE GATHER OPENING HYMN

The Greeting

The Lord be with you;
and also with you.

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Prayers of Penitence

Our Lord Jesus Christ said: The first commandment is this:
'Hear, O Israel, the Lord our God is the only Lord.
You shall love the Lord your God with all your heart,
with all your soul, with all your mind, and with all your strength'.
The second is this: 'Love your neighbour as yourself'.
There is no other commandment greater than these.
On these two commandments hang all the law and the prophets.
Amen. Lord have mercy.

A minister uses these or other suitable words to introduce the confession

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit into the wilderness, where for forty days he was tempted by the devil.

Let us confess our sins remembering before God the times when we have fallen from temptation into sin.

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy
forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly,
love mercy,
and walk humbly with you, our God.
Amen.**

This prayer may be used

Lord, have mercy.

Lord, have mercy.

Christ, have mercy.

Christ, have mercy.

Lord, have mercy.

Lord, have mercy.

Or

Kyrie eleison

Christe eleison

Kyrie eleison

Absolution

The minister says this, or an alternative prayer of absolution

Almighty God,
who forgives all who truly repent,
have mercy upon *you*,
pardon and deliver *you* from all your sins,
confirm and strengthen *you* in all goodness,
and keep *you* in life eternal; through Jesus Christ our Lord.
Amen.

The Collect *The prayer for the day is said and all respond* **Amen.**

WE LISTEN TO GOD'S WORD

The Reading

At the end of the reading the reader says;

This is the word of the Lord.

Thanks be to God.

HYMN

The Gospel (*standing*) *when announced*

Hear the Gospel of our Lord Jesus Christ according to *N*.

Glory to you, O Lord.

At the end the reader says:

This is the Gospel of the Lord.

Praise to you, O Christ.

The Sermon

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation he came down from heaven,
was incarnate from the Holy Spirit and the Virgin Mary
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshipped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come.
Amen.**

WE PRAY

Prayers of Intercession

These responses may be used

Lord, in your mercy
hear our prayer.

(or)

Lord, hear us.
Lord, graciously hear us.

and at the end

**Merciful Father,
accept these prayers for the sake of your Son,
our Saviour Jesus Christ. Amen.**

WE CELEBRATE COMMUNION

The Peace

The minister says

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

Romans 5.1,2

The peace of the Lord be always with you
and also with you.

These words may be added

Let us offer one another a sign of peace.

All may exchange a sign of peace.

HYMN

Prayer at the Preparation of the Table

**God of mercy and compassion,
your Word calls us home to faith and love.
accept all we offer you this day;
in the name of Jesus Christ the Lord.
Amen**

The Lord is here.

His Spirit is with us.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God

It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.

Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and *saying*:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,

and according to your holy will,
these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper
he took the cup and gave you thanks;
he gave it to them, saying:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it,
in remembrance of me.

Praise to you, Lord Jesus:

**Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.**

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension,
and looking for his coming in glory,
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,
we bring before you this bread and this cup
and we thank you for counting us worthy
to stand in your presence and serve you.

Send the Holy Spirit on your people
and gather into one in your kingdom
all who share this one bread and one cup,
so that we, in the company of [*N and*] all the saints,
may praise and glorify you for ever,
through Jesus Christ our Lord;

by whom, and with whom, and in whom,
in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father,
for ever and ever.

Amen.

The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come, your will be done,
on earth as in heaven.**

Give us today our daily bread.

**Forgive us our sins
as we forgive those who sin against us.**

**Lead us not into temptation
but deliver us from evil.**

**For the kingdom, the power, and the glory are yours
now and for ever.**

Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

**Jesus, Lamb of God,
have mercy on us.**

**Jesus, bearer of our sins,
have mercy on us.**

**Jesus, redeemer of the world,
grant us peace.**

OR

Lamb of God,

**you take away the sin of the world,
have mercy on us.**

Lamb of God,

**you take away the sin of the world,
have mercy on us.**

Lamb of God,

**you take away the sin of the world,
grant us peace.**

Giving of Communion

Draw near with faith.

Receive the body of our Lord Jesus Christ which he gave for you,
and his blood which he shed for you.

Eat and drink in remembrance that he died for you,
and feed on him in your hearts by faith with thanksgiving.

*Communion is administered at the front of the church. You will be guided by
the sidespeople.*

*If you are visiting and you would normally receive communion in your home
church, you are welcome to do so here.*

*If you require a gluten-free wafer, please indicate to the person
administering.*

*If you do not intend to receive Communion you are welcome to come
forward to the altar step for a blessing. Please hold this service booklet in
your hands as an indication to the ministers.*

*You are also welcome to remain in your seat and take time to pray or join in
with the Communion Hymns that will be displayed on the screens in Church.*

Prayer after Communion

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.**

WE DEPART WITH GOD'S BLESSING

This or another suitable blessing is used

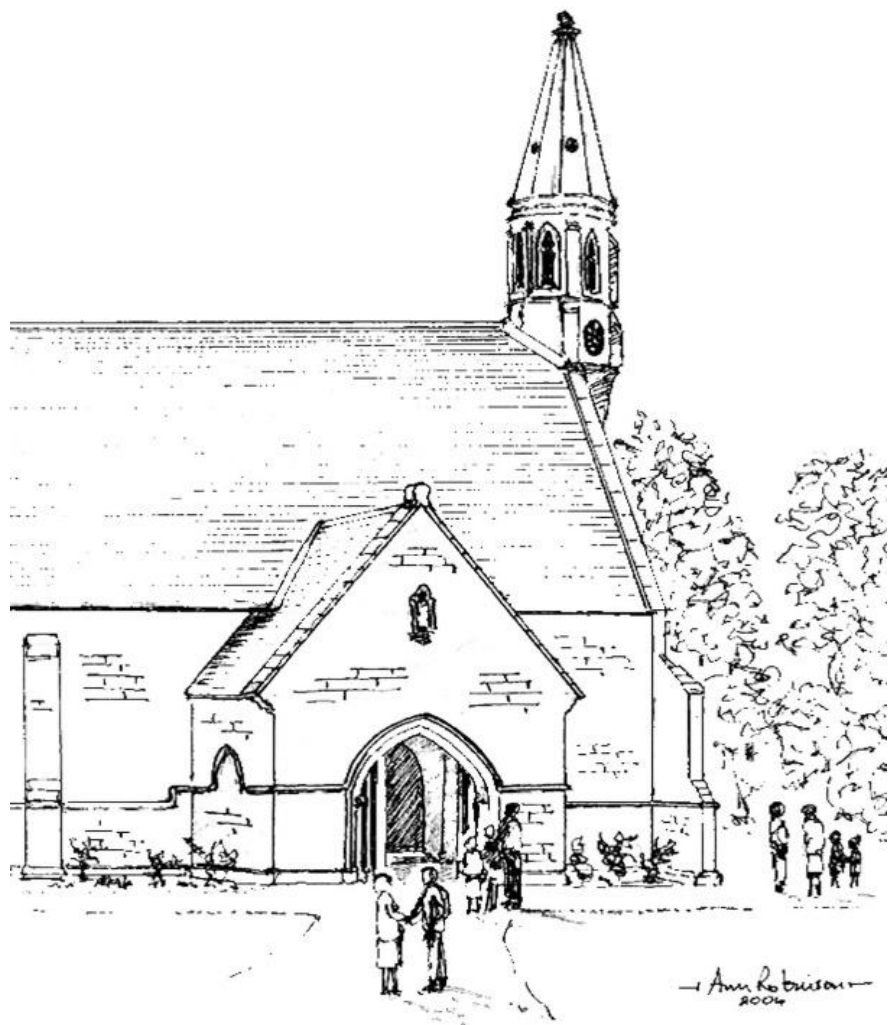
Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.
Amen.

HYMN

Dismissal

Go in peace to love and serve the Lord.
In the name of Christ. Amen.

This Service Booklet was donated to the Church in loving memory of
Joy Wilson 1930-2016.



— Am. Robinson —
2004

Having met with the Living God and with the rest of the Christian family in this service, we continue our journey through Lent, seeking to live out our faith in Jesus in a world that desperately needs to know that Good Friday is not the end of the story and that there is hope!

You may find these prayers helpful as you journey through this week:

Lord, you are ever watchful
and bless us with your gifts;
as you provide for all our needs,
so help us to build only what pleases you,
through Jesus Christ our Lord.
Amen.

Lord Jesus Christ, we thank you
for all the benefits that you have won for us,
for all the pains and insults
that you have borne for us.
Most merciful redeemer,
friend and brother,
may we know you more clearly,
love you more dearly,
and follow you more nearly,
day by day.
Amen.



(Prayers taken from Church of England web site (<http://www.cofe.anglican.org/commonworship/>). The material on this site is copyright © The Archbishops' Council or reproduced with permission from other copyright owners.)



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