

Ascension Day 21st May 2020

Grant, we pray, almighty God,
that as we believe your only-begotten Son our Lord Jesus Christ
to have ascended into the heavens,
so we in heart and mind may also ascend
and with him continually dwell;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Amen.

Acts 1: 1-11

In the first book, Theophilus, I wrote about all that Jesus did and taught from the beginning ²until the day when he was taken up to heaven, after giving instructions through the Holy Spirit to the apostles whom he had chosen. ³After his suffering he presented himself alive to them by many convincing proofs, appearing to them over the course of forty days and speaking about the kingdom of God. ⁴While staying with them, he ordered them not to leave Jerusalem, but to wait there for the promise of the Father. 'This', he said, 'is what you have heard from me; ⁵for John baptized with water, but you will be baptized with the Holy Spirit not many days from now.'

⁶ So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' ⁷He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. ⁸But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.'⁹ When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. ¹⁰While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. ¹¹They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.'

Luke 24: 44-end

Then he said to them, 'These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled.' ⁴⁵Then he opened their minds to understand the scriptures, ⁴⁶and he said to them, 'Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day, ⁴⁷and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. ⁴⁸You are witnesses of these things. ⁴⁹And see, I am sending upon you what my Father promised; so stay here in the city until you have been clothed with power from on high.'

⁵⁰ Then he led them out as far as Bethany, and, lifting up his hands, he blessed them. ⁵¹While he was blessing them, he withdrew from them and was carried up into heaven. ⁵²And they worshipped him, and returned to Jerusalem with great joy; ⁵³and they were continually in the temple blessing God.

Christ triumphant, ever reigning,
Saviour, Master, King,
Lord of heaven, our lives sustaining,
Hear us as we sing:

*Yours the glory and the crown,
The high renown, the eternal name.*

Word incarnate, truth revealing,
Son of Man on earth!
Power and majesty concealing
By your humble birth:

Suffering Servant, scorned, ill-treated,
Victim crucified!
Death is through the cross defeated,
Sinners justified:

Priestly King, enthroned forever
High in heaven above!
Sin and death and hell shall never
Stifle hymns of love:

So, our hearts and voices raising
Through the ages long,
Ceaselessly upon You gazing,
This shall be our song:

Words: Michael Saward (b. 1932)

Music: GUITING POWER, John Barnard (b. 1948)

Immortal, invisible, God only wise,
in light inaccessible hid from our eyes,
most blessed, most glorious, the Ancient of Days,
almighty, victorious, thy great Name we praise.

Unresting, unhasting, and silent as light,
nor wanting, nor wasting, thou rulest in might;
thy justice like mountains high soaring above
thy clouds, which are fountains of goodness and love.

To all life thou givest, to both great and small;
in all life thou livest, the true life of all;
we blossom and flourish, like leaves on the tree,
then wither and perish; but nought changeth thee.

Great Father of glory, pure Father of light,
thine angels adore thee, all veiling their sight;
all laud we would render: O help us to see
'tis only the splendour of light hideth thee.

Words: W. Chalmers Smith (1824 - 1908)

Music: ST. DENIO